

Personal Training Agreement

The Coppin Wellness Center bills the Personal Training clients on a pre-pay basis. All sessions and services are to be paid for in full prior to training or testing.

The CWC staff members work on a scheduled appointment basis. A cancellation should be made *at least 24 hours before the scheduled appointment*. Appointments cancelled inside of 24 hours of the scheduled appointment will be billed at the normal rate of a single session to the client. Each CWC staff member agrees with the wellness center that he/she will provide the service to the participants only on behalf of the Coppin Wellness Center Personal Training Program and not outside the services provided through the Wellness Center. Paying a Personal Trainer directly is strictly prohibited; all membership privileges to the Wellness Center may be terminated and the employee may be dismissed from their position at the Wellness Center.

It is policy of the Wellness Center to provide refunds only under the following circumstances:

1. The Wellness Center is unable to provide a trainer to the participant due to relocation of their present trainer.
2. The participant moves to another city or location outside a 25-mile radius of the Wellness Center, with proof of relocation.
3. The Wellness Center is unable to meet the realistic scheduling needs of the participant.
4. A participant's medical condition exists that makes it impossible to work with a trainer. In this case, a physician's written notification is required.
5. Without notification all remaining personal training sessions following a 90-day period (from the date of initial session) will be cancelled and non-refundable. Unused sessions may be transferred to another client within the 90-day active period.

I have read the aforementioned and understand and accept these policies as they relate to the Personal Training Program at Coppin Wellness Center.

Acknowledged and Agreed,

Client (Signature)

Date

Trainer (Signature)

Date